

# SAVE THE DATE



Yale University School of Medicine  
Department of Psychiatry

*Alumni Day Conference*

## Facing Stress: Implications for Psychiatric Practice and Research

Friday, October 20, 2006

*The Anlyan Center for Medical  
Research and Education  
New Haven, CT*

**YaleCME**  
CONTINUING MEDICAL EDUCATION

FACING STRESS: IMPLICATIONS FOR PSYCHIATRIC PRACTICE AND RESEARCH  
The Anlyan Center for Medical Research and Education, New Haven, CT

*In the aftermath of the 9/11 attacks, the tsunami and Hurricane Katrina, stress has become part of the global landscape. This conference links neuroscience research to stress-related illness, creating a new paradigm for psychiatric practice and shaping future research. Please join us!*

COURSE DIRECTOR

**Catherine Chiles, MD**

*President, Yale Psychiatry Alumni Association*

7:30 AM Registration and Continental Breakfast

8:00 AM **Benjamin S. Bunney, MD**, *Chairman, Yale Department of Psychiatry* – Welcoming Remarks

8:15 AM **Steven Southwick, MD**, *Yale University* – Facing Stress: What's It All About?

8:30 AM **Robert Sapolsky, PhD**, *Stanford University* – Why Zebras Don't Get Ulcers: Stress, Disease and Coping

9:15 AM **Robert Sapolsky, PhD**, *Stanford University* – Stress and Where Stress-related Diseases Come From

10:15 AM **John Walkup, MD, MPH**, *Johns Hopkins University* – Stress Disorders in Childhood

11:00 AM **Thomas N. Wise, MD**, *Georgetown University* – Stress in Psychosomatic Medicine

12:00 PM Lunch

1:15 PM **Elinore McCance-Katz, MD, PhD**, *Virginia Commonwealth University* – Stress, Pleasure, and Addiction Disorders

2:00 PM **J. Craig Nelson, MD**, *University of California San Francisco* – Stress, Depression and The Aging Brain

2:45 PM **Steven Southwick, MD**, *Yale University* – Facing Stress: Resilience and Protective Factors

3:30 – 4:30 PM INTERACTIVE WORK GROUPS

Stress-related Disorders in Children: Protective Factors  
**John Walkup, MD MPH**, *Johns Hopkins* / **James F. Leckman, MD**, *Yale*

Stress and Addictions: Risks for Healthcare Providers  
**Elinore McCance-Katz, MD, PhD**, *VCU* / **Ismene Petrakis, MD**, *Yale*

Resilience and Coping: Lessons from Preventive Medicine  
**Thomas N. Wise, MD**, *Georgetown* / **Steven Southwick, MD**, *Yale*

Stress and Aging: Protective Factors  
**J. Craig Nelson, MD**, *UCSF* / **Paul D. Kirwin, MD**, *Yale*

For registration fee information and to view the conference program, please visit [www.cme.yale.edu](http://www.cme.yale.edu)

This educational activity is designated for a maximum of 7 Category 1 credits toward the AMA Physician's Recognition Award.

*The Yale Department of Psychiatry is grateful to its sponsors. They are acknowledged in all conference materials.*

*To register and view the conference program, please visit  
[www.cme.yale.edu](http://www.cme.yale.edu)*

*To contact Yale CME: [cme@yale.edu](mailto:cme@yale.edu) or 203.785.4578*